

SPRING NEWSLETTER

A NOTE FROM DR LANGMAN

At the end of November, I made the very difficult decision to retire from my clinical role at the practices. While I am stepping back from most day-to-day patient care, I'm still very much involved, completing any outstanding treatments, placing dental implants, and focusing more on the administrative side of running the practices.

I was genuinely touched by the many kind messages, thank-you cards, and thoughtful gifts I received after the announcement. Your support means so much to me, and I feel incredibly grateful to have been part of your smiles over the years. It has also been wonderful to hear the feedback that you are happy with your new dentist, which brings me great reassurance.



New Dental Software

In November, we moved away from the server-based software system we had used for many years and upgraded to a new cloud-based system to help future proof the practice.

This has been a significant change for our entire team, and we are continuing to familiarise ourselves with all the features and processes. We would like to thank you for your patience and understanding while we adapt to the new system and ensure everything runs as smoothly and efficiently as possible.

Online Forms

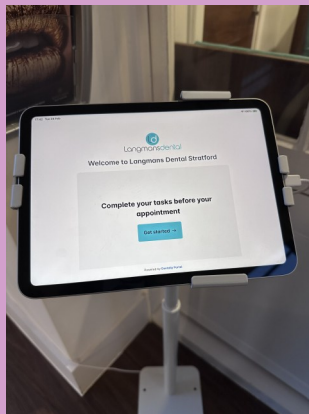
Did you know that our clinicians are unable to provide treatment without an up-to-date medical history? For this reason, it is essential that your medical history form is completed before your appointment.

Our new software system includes a secure patient portal where you can update your medical history, keep your personal details current, and soon book appointments online.

Ideally, we ask that you complete your forms from the comfort of your own home before attending your appointment. You will receive email and text reminders with instructions on how to access the portal.

If you're unable to complete the forms in advance, you will be directed to an iPad in a quiet area of the practice when you arrive. Completing forms at reception can cause delays and queues for patients checking in and out, so this new process helps us keep appointments running smoothly and on time for everyone. If you do have any difficulties please let a member of the team know and we will be very happy to assist you.

We appreciate that the new system may feel unfamiliar at first, and for some it may take a little time to adjust. However, this change is necessary to ensure we remain compliant, improve efficiency, strengthen data security, and future-proof the practice. We thank you for your understanding and cooperation.



April Fee Increases

The NHS updates its fees every April. The new fees from April 1st will be:

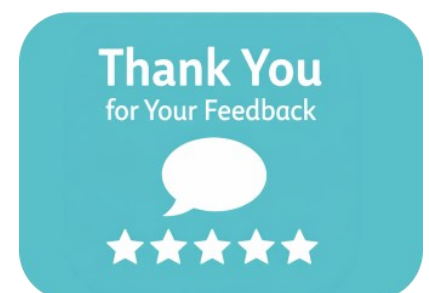
Band 1: £27.90

Band 2: £76.60

Band 3: £332.10

Like many businesses, we are experiencing increases in running costs. To ensure we can continue providing the high standard of care, materials, and service you expect from us, our private treatment fees will increase by approximately 3.5%.

Therefore from April 1st our routine exam fee will be £49 and a hygiene appointment will be £84.50.



"Thank you to everyone who leaves us feedback, we really appreciate it."



Spring Smile Refresh



As we move into the brighter months, spring is the perfect time to give your smile a little refresh. If it's been a while since your last hygiene appointment, now is a great opportunity to remove built-up plaque and staining and keep your gums healthy.

Professional cleaning not only helps your teeth look fresher but also plays an important role in preventing gum disease and maintaining long-term oral health.



If you're unsure when you're next due, our team will be happy to check for you.



Healthy Smiles This Easter



Spring and Easter are full of fun and chocolate! While a little treat is fine, it's a good time to remind children (and parents!) about healthy dental habits.

Top Tips for a Bright Easter Smile:



Moderation is key: Try to enjoy chocolate and sweets with meals rather than all day.



Brush twice a day: But wait at least 30 minutes after a sugary treat, to protect little teeth.



Fluoride toothpaste: Helps strengthen enamel and prevent cavities.







Check-ups: If your child is due for a routine appointment and you don't have one booked in, please give us a call.

Missing a Tooth? Dental Implants Could Help!

If you have a gap in your smile, dental implants are a great way to restore it. They're strong, natural-looking, and can last a lifetime with the right care.

Why consider dental implants?

-  Look and feel like your own teeth
-  Eat, speak, and smile with confidence
-  Protect surrounding teeth and jawbone
-  A long-lasting solution

How it works:

Implants are placed in a few steps. First, a small titanium post is inserted into the jawbone and allowed to fully integrate over a few months. Then, a natural-looking crown is attached on top, completing your new smile.

Our implant team can help you find out if implants are the right choice for you and get you smiling again!

